## INVEGA® (paliperidone ER) INVEGA - Adverse Event - Hematological Disorders

### SUMMARY

• Leukopenia, neutropenia, and agranulocytosis have been reported with antipsychotics, including INVEGA. Patients with a history of a clinically significant low white blood cell count (WBC) or a drug-induced leukopenia/neutropenia should have their complete blood count (CBC) monitored frequently during the first few months of therapy and discontinuation of INVEGA should be considered at the first sign of a clinically significant decline in WBC in the absence of other causative factors.<sup>1</sup>

# CLINICAL DATA

# Trials

**Si et al (2015)**<sup>2</sup> conducted an 8-week, open-label, single-arm, multicenter study, in patients with first-episode psychosis having a Positive and Negative Syndrome Scale (PANSS) total score of 70 and treated with flexible-dose paliperidone ER (3-12 mg/day). The safety analysis included 308 Chinese patients. Leukopenia was reported as one treatment emergent adverse event (TEAE) leading to permanent discontinuation of the study drug. No additional information was provided.

**Luthringer et al (2007)**<sup>3</sup> conducted a double-blind, randomized, placebo-controlled study assessing the effect of paliperidone ER on sleep architecture and sleep continuity. One treatment emergent adverse event of thrombocytopenia was reported. No additional information was provided.

## **Case Studies**

**Wakuda et al (2019)**<sup>4</sup> detailed a case report of a 46-year-old male with a 5-year schizophrenia history. He was previously treated with blonanserin 24 mg/day plus risperidone 4 mg/day. No significant abnormalities in WBC or other blood cell counts were noted at the time. The patient exhibited worsening suspiciousness and irritability leading to a decrease in risperidone to 2 mg/day plus addition of paliperidone 6 mg/day.

- Thirteen days following the initiation of paliperidone, the patient was brought to the emergency room due to his inability to walk. The patient was hospitalized due to suspected paliperidone-induced agranulocytosis (WBC: 0.3x10<sup>9</sup>/L) as well as a bilateral pulmonary infection.
- All psychotropics were discontinued and the patient was administered granulocytecolony stimulating factor (G-CSF) 75 µg/day for 3 consecutive days plus doripenem 3 mg/day.
- Two days later, the patient's WBC count was elevated  $(4.95 \times 10^9/L)$ .
- Ten days later, the bilateral pulmonary infection resolved, and the patient was discharged.
- Following discharge, the paliperidone/risperidone regimen was replaced with aripiprazole without further hematological complications.

**Matsuura et al (2016)**<sup>5</sup> reported a case of a 50-year-old female with schizoaffective disorder hospitalized after developing auditory hallucinations and aggressive behavior while on quetiapine 200 mg/day, olanzapine 10 mg/day and valproic acid 200 mg/day. Following admission to the hospital, olanzapine was increased to 20 mg/day and valproic acid to 1000 mg/day. After 28 days of hospitalization, the patient continued to experience refractory auditory hallucinations (WBC:  $4.03 \times 10^9$ /L; neutrophil count:  $2.26 \times 10^9$ /L).

- Paliperidone was added and the dose was increased to 12 mg/day over the next 2 weeks.
- On day 55 there was a sudden drop in WBC (2.83 x  $10^{9}/L$ ) and neutrophil count (0.79 x  $10^{9}/L$ ) with normal renal and liver function.

- Paliperidone was discontinued immediately, valproic acid was reduced to 600 mg/day and lithium carbonate 200 mg/day was added to her regimen.
- Four days following initiation of lithium carbonate, her WBC and neutrophil counts returned to normal, 4.34 x 10<sup>9</sup>/L and 2.29 x 10<sup>9</sup>/L, respectively. After 28 days, WBC and neutrophils increased to 6.86 x 10<sup>9</sup>/L and 4.74 x 10<sup>9</sup>/L, respectively.
- Lithium carbonate was gradually discontinued. There were no further reports of leukopenia or neutropenia over the next 6 months.

**Kim et al (2011)**<sup>6</sup> presented a case report of a 33-year-old female who was admitted to the hospital with a 1-year history of auditory and visual hallucinations, persecutory delusions, aggressive behavior, and unstable mood. Upon admission, she had a WBC count of  $6.17 \times 10^9$ /L and a neutrophil count of  $3.97 \times 10^9$ /L, with her other cell counts within normal limits.

- She was initially treated with paliperidone ER 6 mg/day and was increased to paliperidone 9 mg/day on day 9.
- On day 14, her WBC count decreased to 2.96 x 109/L, neutrophil count decreased to 1.18 x 10<sup>9</sup>/L, and her red blood cell (RBC) count, hemoglobin, and hematocrit decreased slightly to 3.23 x 10<sup>6</sup>/µL, 10.7 g/dL, and 31.5%, respectively.
- On day 22, after no change in her cell counts, paliperidone was discontinued.
- Three days following discontinuation, her leukopenia and neutropenia improved (WBC count: 3.42 x 10<sup>9</sup>/L; neutrophil count: 1.57 x 10<sup>9</sup>/L) and returned to normal by day 36 (WBC count: 4.70 x 10<sup>9</sup>/L; neutrophil count: 2.77 x 10<sup>9</sup>/L).

#### LITERATURE SEARCH

A literature search of MEDLINE<sup>®</sup>, Embase<sup>®</sup>, BIOSIS Previews<sup>®</sup>, and Derwent Drug File (and/or other resources, including internal/external databases) pertaining to this topic was conducted on 04 November 2024. Additional case studies have been referenced.<sup>7,8</sup>

### REFERENCES

1. INVEGA (paliperidone) extended-release tablets [Prescribing Information]. Titusville, NJ: Janssen Pharmaceuticals, Inc; https://www.janssenlabels.com/package-insert/product-monograph/prescribing-information/INVEGA-pi.pdf.

2. Si T, Tan Q, Zhang K, et al. An open-label, flexible-dose study of paliperidone extended-release in Chinese patients with first-onset psychosis. *Neuropsychiatr Dis Treat*. 2015;11:87-95.

3. Luthringer R, Staner L, Noel N, et al. A double-blind, placebo-controlled, randomized study evaluating the effect of paliperidone extended-release tablets on sleep architecture in patients with schizophrenia. *Int Clin Psychopharmacol.* 2007;22(5):299-308.

4. Wakuda T, Suzuki A, Hasegawa M, et al. Acute agranulocytosis when switching from risperidone to paliperidone. *Aust N Z J Psychiatry*. 2019;53(6):586-587.

5. Matsuura H, Kimoto S, Harada I, et al. Lithium carbonate as a treatment for paliperidone extended-releaseinduced leukopenia and neutropenia in a patient with schizoaffective disorder; a case report. *BMC Psychiatry*. 2016;16(1):161.

6. Kim JN, Lee BC, Choi IG, et al. Paliperidone-induced leukopenia and neutropenia: a case report. *Prog Neuropsychopharmacol Biol Psychiatry*. 2011;35(1):284-285.

7. Martos N, Hall W, Marhefka A, et al. Paliperidone induced neutropenia in first episode psychosis: a case report. *BMC Psychiatry*. 2021;21:1-4.

8. Janota B, Michalska P, Szymanik-Kostrzewska A, et al. Leucopenia during paliperidone treatment in a patient with schizoaffective disorder - a case study. *Psychiatr Psychol Klin*. 2020;20(3):207-209.