

# TREMFYA® (guselkumab)

## How Do I Use TREMFYA 100 mg/mL Prefilled Syringe?

### Important<sup>1</sup>

TREMFYA comes as a single-use, single-dose 100 mg/mL prefilled syringe to be injected under the skin. The first self-injection by a patient or caregiver should be performed under the supervision and guidance of a qualified healthcare professional for proper training in subcutaneous injection technique. Following this training, with the approval of a healthcare provider, self-injection at home may be allowed. The TREMFYA Medication Guide and Instructions for Use (IFU) should be reviewed before using the prefilled syringe and prior to each refill.

[Click here](#) to view injection demonstration video. The injection demonstration video and instruction manuals are not meant to replace the IFU that come with your TREMFYA medication.

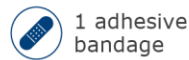
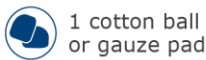
### Prefilled Syringe Parts<sup>1</sup>



### Storage Information<sup>1</sup>

- Store in refrigerator at **36°-46°F (2°-8°C)**
- **Do not freeze** or shake
- **Keep out of reach of children**
- **Keep in original carton to protect from light and physical damage**

### Gather the Following Supplies<sup>1</sup>



Not included in the TREMFYA prefilled syringe packaging

1

### Prepare<sup>1</sup>

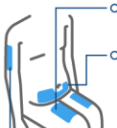
#### Inspect carton

- Keep prefilled syringe in carton, and let it sit on a flat surface at room temperature for **at least 30 minutes** before use
- **Do not** warm any other way 
- **Do not** use if expiration date has passed or if carton perforations are broken



#### Choose injection site

- Injection sites include:
  - **Front of thighs** (recommended)
  - Lower stomach area, except for 2-inches around belly-button
  - Back of upper arms (only if someone else is injecting)
- **Do not** inject into tender, bruised, red, hard, thick, scaly, or psoriasis affected skin



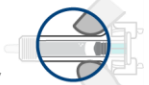
#### Clean injection site

- Wash your hands with soap and warm water
- Wipe chosen injection site with alcohol swab and allow it to dry
- **Do not** touch, fan, or blow on injection site



#### Inspect liquid through viewing window

- The liquid should be clear to slightly yellow and may have tiny white or clear particles, or air bubbles
- **Do not** inject if liquid is cloudy or discolored, or has large particles



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### Inject<sup>1</sup>

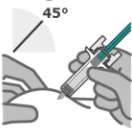
#### Remove needle cover

- Hold prefilled syringe by the body and pull needle cover straight off
  - It is normal to see a drop of liquid
- **Inject within 5 minutes of removing needle cover**
- **Do not** put needle cover back on
- **Do not** touch needle or let it touch any other surface
- If dropped, prefilled syringe should not be used



#### Position fingers and insert needle

- Place thumb, index finger, and middle finger **directly under finger flange**
- **Do not** touch plunger or area above finger flange
- Use your other hand to pinch enough skin to **inject under skin** and not into the muscle
- Insert needle with a quick, dartlike motion at about a 45° angle to the skin



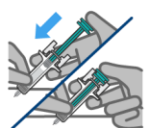
#### Release pinch and reposition hand

- Use your free hand to grasp the body of the prefilled syringe



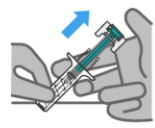
#### Press plunger

- Place thumb from opposite hand on plunger and press it **all the way down until it stops**



#### Release pressure from plunger

- Safety guard will cover needle and lock into place, removing needle from your skin



**3****After Injection<sup>1</sup>****Dispose of syringe**

- Dispose in an FDA-cleared sharps disposal container right away
- **Do not** throw prefilled syringe in household trash or recycle the used sharps disposal container

**Check injection site**

- **Hold pressure** over injection site with a cotton ball or gauze pad until any bleeding stops
- **Do not** rub the injection site
- If needed, bandage the injection site



A small amount of blood or liquid may be seen

**Disposal of Prefilled Syringe<sup>1</sup>**

- If you do not have an FDA-cleared sharps disposal container, you may use a household container that is:
  - made of a heavy-duty plastic
  - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out
  - upright and stable during use
  - leak-resistant
  - properly labeled to warn of hazardous waste inside the container
- When the sharps disposal container is almost full, follow the community guidelines for the right way to dispose of the container. There may be state or local laws about how you should throw away used needles and syringes
- For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA's website at: [www.fda.gov/safedisposal](http://www.fda.gov/safedisposal).

**FOR MORE INFORMATION**

We suggest that you review this information with your healthcare professional to address specifics regarding your healthcare treatment or for more information related to TREMFYA and instructions for using prefilled syringe.

**Abbreviations:** C, Celsius; F, Fahrenheit; FDA, Food and Drug Administration. TREMFYA (guselkumab). [Prescribing Information]. Horsham, PA.<sup>1</sup>

**ADDITIONAL INFORMATION**

This information is provided ONLY in response to your request and is not intended as medical advice, to promote the use of our product, or suggest in any manner other than as described in the PRESCRIBING INFORMATION. All decisions regarding your medical treatment should be made with your healthcare professional(s). Please contact your healthcare professional(s) to discuss the information in this response.

Please refer to the attached full PRESCRIBING INFORMATION and the MEDICATION GUIDE for TREMFYA.<sup>1</sup>

**REFERENCES**

1. TREMFYA (guselkumab) [Prescribing Information]. Horsham, PA: Janssen Biotech, Inc; <https://www.janssenlabels.com/package-insert/product-monograph/prescribing-information/TREMFYA-pi.pdf>.