

ZYTIGA® (abiraterone acetate) **Should ZYTIGA Be Taken in Combination with Prednisone?**

SUMMARY

TAKING ZYTIGA IN COMBINATION WITH PREDNISONE¹

- ZYTIGA is a prescription medicine that is used along with prednisone. ZYTIGA is used to treat men with prostate cancer that has spread to other parts of the body.
- The main studies, which are described in the Prescribing Information, administered ZYTIGA with prednisone.
- Depending on the type of prostate cancer, ZYTIGA is used in combination with prednisone twice daily or once daily:
 - For metastatic castration-resistant prostate cancer (CRPC), ZYTIGA is used in combination with prednisone 5 mg administered orally **twice** daily.
 - For metastatic high-risk castration-sensitive prostate cancer (CSPC), ZYTIGA is used in combination with prednisone 5 mg administered orally **once** daily.
- **Do not change or stop taking your prescribed dose of ZYTIGA or prednisone without talking with your healthcare provider first.**
- **Tell your healthcare provider about all the medicines you take or treatments you receive**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. ZYTIGA can interact with many other medicines.
- You should not start or stop any medicine before you talk with the healthcare provider that prescribed ZYTIGA.
- Know the medicines you take. Keep a list of them with you to show to your healthcare provider and pharmacist when you get a new medicine.

Why is ZYTIGA used along with prednisone?

- ZYTIGA blocks an enzyme called CYP17, which helps stop cells in the body from making androgens.²
 - Increased mineralocorticoid levels can cause increased blood pressure and fluid retention during treatment with ZYTIGA.
- A condition that causes the adrenal glands to produce inadequate amounts of hormones was reported in patients receiving ZYTIGA along with prednisone, after interruption of daily steroids and/or with concurrent infection or stress.¹
- Adrenal problems may happen if you stop taking prednisone, get an infection, or are under stress.¹

How should you take ZYTIGA?¹

- Take ZYTIGA and prednisone exactly as your healthcare provider tells you.
- Take your prescribed dose of ZYTIGA 1 time a day.
- Your healthcare provider may change your dose if needed.
- **Do not change or stop taking your prescribed dose of ZYTIGA or prednisone without talking with your healthcare provider first.**
- Take ZYTIGA tablets as a single dose one time a day on an **empty stomach. Do not eat food 2 hours before and 1 hour after taking ZYTIGA.**
- **Do not take ZYTIGA with food.** Taking ZYTIGA with food may cause more of the medicine to be absorbed by the body than is needed and this may cause side effects.
- Swallow ZYTIGA tablets whole. Do not crush or chew tablets.
- Take ZYTIGA tablets with water.

- If you miss a dose of ZYTIGA or prednisone, take your prescribed dose the following day. If you miss more than 1 dose, tell your healthcare provider right away.
- Your healthcare provider will do blood tests to check for side effects.

ADDITIONAL INFORMATION

This information is provided ONLY in response to your request and is not intended as medical advice, to promote the use of our product, or suggest using it in any manner other than as described in the PRESCRIBING INFORMATION. All decisions regarding your medical treatment should be made with your healthcare professional(s). Please contact your healthcare professional(s) to discuss the information in this response.

Please refer to the attached full PRESCRIBING INFORMATION and the PATIENT INFORMATION for ZYTIGA.¹

REFERENCES

1. ZYTIGA (abiraterone acetate) [Prescribing Information]. Horsham, PA: Janssen Biotech, Inc.; <https://www.janssenlabels.com/package-insert/product-monograph/prescribing-information/ZYTIGA-pi.pdf>.
2. American Cancer Society. Hormone therapy for prostate cancer. Accessed August 31, 2023. Available from: <https://www.cancer.org/cancer/prostate-cancer/treating/hormone-therapy.html>.